

The WFC Flyer – January 2015



[FAA Safety Briefing, Winter Operations, November/December 2014.](#)

Important Dates

General Meeting

January 8, 2015
7:00 PM Clubhouse

Board Meeting

February 5, 2015
7:00 PM Clubhouse

General Meeting

February 12, 2015
7:00 PM Clubhouse

Club Officers

President

[Randy Christian](#)
president@williamsonflyingclub.com

Vice President

[Jack Fuller](#)
vice-president@williamsonflyingclub.com

Treasurer

[Bob Herloski](#)
treasurer@williamsonflyingclub.com

Secretary

[Steve Murray](#)
secretary@williamsonflyingclub.com

Past President

[Joe Ebert](#)
ebert_past_president@williamsonflyingclub.com

Directors

[Mike Shippers](#)
director-2012@williamsonflyingclub.com

[Tom Henderson](#)
director-2013@williamsonflyingclub.com

[Dick Swingly](#)
director-2014@williamsonflyingclub.com

From the Presidents Desk Randy Christian

Happy Holidays everyone !! I hope that the New Year brings much happiness to each and every fellow club member and your families. I have to say that I am shocked that a year has gone by already and this month's article will be a quick look back at our club and what we have been able to accomplish.

I will start right out by saying that we sure do have some challenges ahead of us moving forward in to 2015. There are many reasons why this is the case and I want to just briefly touch on a couple of the bigger causes for this.

First and foremost, we have been cut off from future FAA funding and there are a few reasons for this. We were reclassified as 'unclassified' (the catch all for no further funding). After some prodding with help from Senator Schumer's office, we find the reason given is KROC's reduced activities lead directly to this. We will continue to address this and leave no stone unturned in trying to regain the funding that has help KSCD grow to the level we are currently enjoying.

Next is the WEATHER!!!! Yes, we all know what challenges western NY weather gives us to fly, but it really did add to our lack of flying hours which impacts the club's bottom line. We (your Board of Directors) see the challenges ahead and are actively looking at ways to help tighten that bottom line and keep our club healthy moving forward. We are thinking outside the box in many areas to hopefully develop new revenue generating options. As an FYI, hours flown were down approximately 300 hours for the year. This trend, we know, is weather related but we are always looking for ideas to help reverse this (if you have any feel free to share with a Board Member).

This will lead me into some GOOD things that have happened this past year. Again, the 10,000 foot view here, honestly, even with all of our challenges this year a lot of good was accomplished too. Very high level and in no real order of importance (as all of these items are important).

Presidents message continued

1. Developing new committees – Guidance, Activities, Save 6ES, Long term Aircraft & Airport and Projects.
2. Upgrade of 6ES
3. Bird – B – Gone netting
4. Many group fly outs this year
5. Halloween party
6. Hangar repair work
7. Bigger better Summer cookout – flour bombing / spot landing competition
8. New Fuel Farm reels (thank goodness)
9. CAP & Chris Wall presentations to the membership
10. BoD recognition – I feel that a good pat on the back can go a long way in keeping our volunteers engaged

In closing, I would like to add that it's been my pleasure to serve the Williamson Flying Club this past year as your President. I hope that we continue to think outside the box as a Board of Directors and more importantly as a club. This will ensure that the airport stays viable and the membership engaged.

Along with that we will have stability and future growth for years to come. I can only add that all of the successes we have had this past year would not be possible without the help, support and cooperation of each and every club member.

Thank you again for your help and support for our club.

Best Regards,
Randy Christian – President WFC.

Headliners

A warm welcome to our newest members:

1. Timothy Yandow – Rochester, NY

Nominations are made during the January membership meeting. Elections are held during the February. Make sure your voice is heard.

Tower tours at Rochester are planned for January 17th. Tour will be coupled with orientation with Red Bird simulator at Rochester Air Center.

2015 Hanger Contracts have been mailed. If you have not received your contract please contact the secretary.

Flight Rx Gout

by Dr. Pam Tarkington

Gout is the most common inflammatory disease of the joints – more than 8 million Americans have this disease. The annual cost is greater than 8 billion dollars in the US.

Gout increases with age - peaking at age 80. The culprit in this disease is uric acid (either more of it is produced or the body fails to get rid of it).

Female sex hormones protect against this and therefore women are less affected. Also involved are the foods consumed: you are at increased risk with meat (organ meat, red meat, and wild game), some seafood (shellfish), alcohol (especially beer), fruit juices and beverages that have high fructose added. In addition African Americans are also at a higher risk. Eating dairy products seem to

slightly decrease the risk.

Something called monosodium urate crystals get into the joint and the result is gout. Over time this deposition may irreversibly damage the joint and can cause chronic pain. The deposition can also lead to tophi (pain and swelling of the joint). The great toe is the joint most often affected but other joints can also be involved as can the skin and soft tissue. If the diagnosis is in doubt, some of the fluid from the joint can be drained out with a syringe and looked at under microscope. Also at times this is necessary to distinguish gout from pseudogout, infectious arthritis, or trauma. At times an MRI, CT or ultrasound is used to help in the diagnosis.

Treatment can consist of non-steroids (motrin, indocin, etc.) steroids (oral or injected into the joint) and colchine.

To avoid recurrence, patients should limit their intake of the above foods. Certain medications can also reduce the risk of recurrent gout: allopurnil, urobic, colchine, probenecid.

Patients with gout should avoid certain diuretics. It has been found that certain drugs used or hypertension decrease the risk of recurrent gout (cozaar and losartan).

During episodes of gout you should not fly - actually, the pain may be so great that you probably will not want to do much.

Cool Places to Fly by Chris Houton

Destination: Reading Regional Airport / Carl A Spaatz Field (KRDG)

Distance: 179 nautical miles (direct)

Why It's Cool: Reading is home to the Mid-Atlantic Air Museum (www.maam.org), a medium sized air museum with a partially flyable collection that includes airworthy examples of an Avenger and a B-25 ("Briefing Time", which has put in appearances at Geneseo in the past). Of particular note is the MAAM's ongoing restoration of a P-61 Black Widow. Not only is this an unusual aircraft, but with only four of them surviving, it is also quite rare. Some unique aircraft are also on static display like the Custer Channelwing STOL prototype. This is a very solid, medium-sized aviation museum and worth a visit. Admission is \$8 for adults, 6\$ for seniors 65+, \$3 for children ages 6 to 12, and free for kids five and under.

Every June, MAAM hosts an immersive World War II Weekend (In 2015, June 5-7) featuring warbirds, ground vehicles, and re-enactors. 2015 will mark the 25th anniversary of this annual event.

Hungry aviators can find food at Malibooz Bar and Grill in the terminal building located on the south end of the field, a very short taxi from the museum ramp. The restaurant offers good food and a nice view of the field; you can watch aircraft come and go while you dine.

Tips: The sectional depicts KRDG as occupying Class D airspace, but unlike many Delta airports, the field also has a dedicated approach frequency (125.15).

Some of the MAAM aircraft fly on the airshow circuit. If you plan your visit during airshow season, some aircraft may not be on-site. I visited in March to mitigate that concern.

MAAM has a dedicated webpage for fly-in visitors. Be sure to check it out and take note of the advice given on parking: http://www.maam.org/wwii/visit_pilot_info.htm. Parking is free on the museum ramp, but you may earn yourself a fee if you park on the neighboring FBO ramp.

Member Profile by Tony Alesci

Meet Chris Karpenko,

Chris took his first flying lessons at Rochester and Brockport. About 15 years ago he joined the WFC and never looked back. Taught by John Lauster, he earned his private at KSDC. He has since logged around 500 hours and has tail wheel and hi performance endorsements.

Chris has been an avid supporter of our club and has served on the BOD.

He's pictured here with his L2 that he and other WFC remembers did a frame up restoration on under the supervision of Jake DeGroote. I'm still waiting for that ride Chris.



Elections

This years nomination committee consists of Chris Houston and Mike Bebernitz.

All WFC officer's (President, Vice-President, Secretary, Treasurer) and one director (Mike Shipper) position is up for election. Below is the current tally for this year – there is one more opportunity for attendance, the January meeting.

Eligible: 6 or More Meetings Attended (31)		5 Meetings Attended (4)
Adams, Dan	Herloski, Bob	Bach, William H
Alesci, Anthony	Houston, Christopher	Isbell, Timothy
Allen, Richard	Malchoff, Doc	Pierce, Michael
Ankrom, Dennis	Malec, Michael	Wieting, Roger
Arserio, Gregory	Marchionda, Dick	
Bebernitz, Michael	McCutchan, Rick	
Caldwell, Gary	Mehserle, Eric	
Carter, Thomas	Murray, Steven	
Christian, Randy	Perricone, David	
Clingerman, John	Schoeneman, Carl A.	
Ebert, Joseph	Shaw, Dennis	
Englund, Frances	Shippers, Michael	
Foti, Ron	Sims, Duane	

Fuller, Jack Habkirk, Brian Henderson, Tom	Swingly, Richard Tarkington, Pam	
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If you believe the list is in-accurate please contact the Secretary, Steven Murray.

By-Laws excerpts:

The annual meeting of the club shall be held during the month of February at a time and place determined by the Board of Directors. At such annual meeting the annual elections shall be held. Notice of such meeting, signed by the secretary, shall be sent, by method(s) approved by the Board of Directors, to each member before the time appointed for the meeting. All notices shall set forth the place, date, time, and the purpose of the meeting.

Every active member of this club for the past calendar year who has attended at least fifty percent of the previous twelve meetings shall be eligible to hold office. No member shall hold the office of president for more than two consecutive terms. All other officers are eligible for re-election. A list of eligible members shall be provided to each member in January.

Method of election. At a regular meeting one month prior to the annual meeting, the nominating committee shall make a report on nominations for officers and directors. Following the recommendation of the nominating committee, additional nominations from the floor must be made at this time.