

The WFC Flyer

AUGUST 2010



Important Dates

General Meeting

August 12, 2010
7:00 PM
Clubhouse

Board Meeting

September 2, 2010
7:00 PM
Clubhouse

Club Officers

President

Joe Ebert
joe_ebert@rochester.rr.com

Vice President

Lance Merritt
piperlance@gmail.com

Treasurer

Bob Herloski
herloski@rochester.rr.com

Secretary

Bob Cournoyer
rcourno999@aol.com

Directors

Bill Bach
bbach@frontiernet.net

Tom Henderson
thenderson@nye-tech.com

Chris Karpenko
christopher.j.karpenko@usps.gov

Which aircraft is 75 years old this year?



From the President

Previous articles I've written center around the volunteer nature of our club and the need for members to contribute time and talent in any way they can. From the very first days of the founding of this club in 1956, and the establishment of our airport in 1957, members have pitched in and helped. Over the years as the airport has grown, the work that needs to be done to maintain it has followed suit. There's more lawn to mow, more pavement to plow, more members to keep records of, more of everything.

To accomplish all the things that need to be done to manage and maintain the airport, aircraft and club, there are various crews and committees. We have a Buildings and Grounds crew that maintains the property and all structures, including the aviation infrastructure, a Cosmetic Committee that keeps the aircraft clean and looking nice, and a Finance Committee that looks at the big picture that includes long term goals and FAA and DOT-funded airport projects. Overseeing those projects is a Grants Committee that works with the FAA, the DOT and our engineering consulting firm. The annual pancake breakfast is coordinated by a team of folks who begin their work about six months before the breakfast and it continues for another month or so afterward. We even have an AME, Dr. Pam Tarkington, who donates her medical expertise and time as needed.

For years, we've also had an aircraft maintenance committee. The maintenance committee answers to the Club's Board of Directors, but their activities also have to comply with FAA regulations. This makes it difficult to simply "replace" the folks who are no longer involved. For an interim period, Mike Bjerga (who is an A&P as well as a CFII) has been coordinating maintenance with Jake De-Groote. A new plan for a restructured maintenance committee has been developed and it will be discussed at the August General Meeting. For this new group, we will be looking for volunteers, including the current maintenance committee members. If you are interested in finding out about this new Preventive Maintenance Team with a different "crew" approach, please attend the August General Meeting.

The existing committees and teams are Buildings and Grounds, Pancake Breakfast, Finance, Cosmetic, Projects & Grants and Public Relations. We also have ad hoc committees to accomplish certain tasks during the course of addressing the club's needs. For anyone interested in donating time and talent to any committee, please contact me directly at joe_ebert@rochester.rr.com. I will forward your request to the individual committee chairs.

Flight Rx by Dr. Pam Tarkington

GOUT

This is a very painful form of arthritis that, at the beginning usually attacks one joint (most often the great toe). For some unknown reason, the attacks most commonly begin at night. There was a king of Spain that had frequent flares that were so disabling that he could neither ride his horse or walk that he had a special chair built for himself that was carried by 6 knights in parades.

Without getting into too much of the science behind the disease, it is a metabolic disease caused by the overproduction or undersecretion of urate. It usually runs in families. While the disease, at the beginning, usually involves just one joint, as it becomes chronic, it will involve several joints.

There is a secondary form of gout that may be caused by medication (water pills, low dose aspirin, niacin, etc). It may also be caused by certain diseases (multiple myeloma, hypothyroidism, sarcoidosis, psoriasis, chronic renal disease, etc).

Alcohol ingestion may also precipitate an acute attack.

Most patients are male (90%) and it tends to occur at over age 30; although now many younger cases are being seen. In females, it tends to occur in the post menopausal years.

If the level of urate is high, about 10% will develop kidney stones; levels that are greater than 12 will have a 50% chance of kidney stones. Progressive renal failure may develop.

Treatment options include NSAIDs (indocin, motrin, etc), steroids (oral prednisone or IM triamcinolone, colchicine, diet, allopurinol and changing medications if one of the offending drugs are used.

Why is this important to pilots? During an acute attack you may not fly - you will not even want to do so! You are asked about arthritis on your medical form and will have to report this.

Kidney stones are also a reportable condition and you will have to supply a letter from your physician stating the treatment that you are receiving along with laboratory studies

Finance - Bob Herloski

Our current insurance company, The Alliance Group, and our insurance agent, Kathy Mincin, procure our aviation insurance through Aviation Insurance Managers of Uniontown, OH. I met with Steve Neeley, president of Aviation Insurance Managers, in Ohio in July, and he expressed an interest in personally visiting KSDC. He was the proud owner of a twin Seneca, but maintenance costs forced him to switch to a Turbo 182 with deicing. At that meeting he offered to fly in to KSDC, weather permitting, and make himself available for any insurance questions anyone has - no question is off limits. AIM insures many of the largest airports in the United States, a number of US government agencies, as well as numerous well-known private pilots, so Steve has extensive knowledge of all aviation insurance matters nationwide.

Since there is a club picnic at noon on Sept. 11, Steve has agreed, weather permitting, to fly into KSDC the morning of 9/11, tour our facility, and to make himself available for insurance questions, from approximately 9 to 11 am. Again, all questions are welcomed. If you don't have a particular question in mind, please feel free to come and listen. Or, ask Steve about how to insure an aircraft flying through an open hangar for a James Bond movie!

Secretary—Bob Cournoyer

There have been some important changes to the way WFC will be assigning hangars. If you have a hangar lease, are subleasing, or are hoping for a spot in the future then show for August's meeting where the changes will be presented.

Picnic Time!

Williamson Flying Club picnics! Saturday September 11th has been selected by the "informal picnic committee" as the date for next picnic. The ability to have these club picnics reflects the success that the "Saturday at Noon" luncheons have become. Attendees toss a couple bucks into the kitty to help defray the cost of each Saturday's cookout, and the kitty has grown! Bring your family! Please RSVP with number attending to Jake DeGroot: degrootewill@aol.com.

