



The WFC Flyer



A Publication of the Williamson Flying Club, Inc.

DEC, 2008

Due to the New Years Holiday, the January meeting dates are pushed back one week

Board Meeting

Jan. 8, 2009
7:00 PM, Clubhouse

General Meeting

Jan. 15, 2009
7:00 PM, Clubhouse



From The President by Pam Tarkington



Holiday Party

Dec. 13, 2008
6 PM
The Way Point
(formerly Cutters)

Merry Christmas and Happy New Year to all of you.

I hope that as many of you as possible will attend our Holiday Party - there is still time to sign up - there is a sign up sheet on the club bulletin board or you can e-mail me at (pamtmd@aol.com). This has been a wonderful time for all in the past and it should be just as great this year. A big thank you to Bob Cournoyer for agreeing to organize it again this year.

As you know, for those who rent hangars, your signed lease is due as well as a statement from your insurance carrier that you have named Williamson Flying Club as an "additional insured". These documents must be in Bob Robideau's (WFC secretary) hands no later than 12/31/08. This is the final date. No excuses.

Speaking of insurance, it's ugly head has reared again. It is worthwhile to appoint a committee to look into our insurance options. It is important to know what other clubs are doing, what we can do to have better coverage, etc. In the past, I've appointed a committee (our bylaws state that this is the duty of the President). Since there has been such discussion on this issue, I'd like to ask for volunteers. Please e-mail me if

you are willing to help. I would like to appoint this committee before the first of the year and would really appreciate your help.

Thanks to the three members who sent in suggestions regarding another plane. It would be, in my opinion - and that of the BOD - a mistake - to try to rush out and buy another plane at this point before the end of the year. We have time to amend our taxes later and will not suffer a big tax loss - it does not have to be done now - we can likely recover any taxes we pay now. If you will remember, there was a committee that suggested the purchase of a C150 last year as a cheaper alternative for flying. Now it is said that some of the members are too overweight to fly that plane. As an aside, may I, as the Williamson Flying Club's medical officer suggest as a New Year's resolution that we take off a few of those unhealthy pounds: I know that I am overweight and am going to do something about it. What would any of you think about a weight loss program or an exercise class at the airport? Please e-mail me any comments/ suggestion.

Again, Merry Christmas/Happy Holidays and my very best to all of you and your "special others" for 2009.

2009 Hangar and Tie Down Leases

As Pam said, all leases for enclosed hangars, semi-enclosed hangars, and tie downs must be renewed by December 31, 2008. All current tenants should have already received a copy of the 2009 lease. If you haven't received a lease, please contact either Bob Herloski or Bob Robideau.

Starting in 2009, aircraft owners who sublease a hangar, must sign an addendum to the primary hangar lease.

We are also requiring all tenants to add Williamson Flying Club Inc. as an additional insured on their insurance policies.

Elections at the February General Meeting

Elections, held at our February General Meeting, require candidates for office. The Nominating Committee will provide a collection of candidates for the offices that are open for election.

This year's nominating committee members are Doc Malchoff and Fred Haas. If you are interesting in running for a club office, contact either Doc or Fred.

Club members are allowed to nominate qualified Active or Permanent Members for any office. Additional qualifications require that a person nominated must have attended at least 6 General Meetings in the previous Year (February through January). Nominations for office will come from the floor at the January Meeting.

The following Active and Permanent Members qualify as of the printing of this newsletter: [Dennis Ank-](#)



rom, Bill Bach, Michael Bebernitz, Doug Brean, John Creatura, Randy Cristian, Ron Foti, Jack Fuller, Dave Guild, James Guild, Thomas Henderson, Robert Herloski, Chris Karpenko, Doc Malchoff, James Markovitz, Rick McCutchan, Eric Mehserle, Lance Merritt, Jim O'Donnell, Michael Pierce, Bob Robideau, Corky Schoeneman, Dennis Shaw, Michael Shippers, Glen Steed, Gary Stevens, James Swan, Pam Tarkington, Ed Wilkonski, Archie Woodworth and Jesse Zeck

The following members have attended 5 general meetings:

[Jake DeGroote](#), [Joe Ebert](#), [Frances England](#), [Fred Haas](#), [Mark Mitchell](#), [Mark Rynearson](#), [Scott Sawdey](#) and [Brit Wood](#).

Flight Rx by Dr. Pam Tarkington

SHINGLES (HERPES ZOOSTER)

Shingles is the reactivation of the chicken pox virus. Most of those of us who are my age have had chicken pox. Some might think that they have not but if a titer (blood test) is obtained, they will find out that they did; there are cases of chicken pox without the rash.

What happens is that, when we are young, we do get chicken pox. Then, that virus "goes to sleep" in our nerves. Later on in life it "wakes up". We really don't know what causes this to happen. As always, when docs don't know there are theories: stress, certain illness, or, "just because".

When this virus "wakes up" it can cause a very painful rash. It starts out as a burning sensation or sharp pain (even before rash appears) and will follow the path of the particular dermatome (nerve path). It will start as "blisters" - often the pain/discomfort precedes the rash. If it occurs in the region of the eye, it can cause blindness. Some few



fortunate people only have slight pain. This, however, is not the rule. In some it can cause intense pain for weeks or, even, years.

The pain can be disabling and often very severe - some have even committed suicide.

There are several good points about this. In some cases it can be treated with a very strong anti-

inflammatory drug (prednisone)+/ or an antiviral drug. In other cases nerve blocks (injections) will help. Unfortunately, sometimes these don't work.

The other good point, is that there is another mode of therapy: a vaccination. We do not know how long this vaccination lasts. Unfortunately, most insurance