# The WFC Flyer

A Publication of the Williamson Flying Club, Inc.

Ост, 2008

#### **Notams-L**

**General Meeting** Oct 9, 2008 7:00 PM, Clubhouse

Note new Time!!



#### **Board Meeting**

Nov 6, 2008 7:00 PM, Clubhouse

#### **Insurance Meeting**

Oct. 4, 2008 10AM, Clubhouse



Clam Bake Oct 11, 2008 Noon-till ...

### From The President by Pam Tarkington

be kudos. Since becoming president, I have come to realize what a great deal of talent we have in our club.

A couple of weeks ago we had a disaster drill so that if we had a problem at the airport all would know what to do. Eric was instrumental in putting this together. Our last emergency plan was put together in 1997. I would hope that we would have a coordi-

nated plan to do this again in about

3 years.

We had a Safety Seminar (with Wings credit) thanks to Bob Frantangelo. I had hoped to give Mike a "vacation" but such was not to be - he, as usual "pitched in". Thanks to Lance, Bob Robideau and Chris for cooking the burgers and dogs.

As all of you know, there is a clam bake planned for October 11th - you will need to sign up (sheet on bulletin board) or e-mail me pamTMD@aol.com with

The major part of this column is going to the number who will be coming and the number of bags of claims you want.

> All of you know that I'd like us to have a club pin. More details later.

I hope that we can still do some landscaping on the NE corner before fall ends but I'm waiting for Glenn Steeds' final plans.

By the way, the Wings seminar will get you credit for the safety course - (but not wings credit) that you are required to attend if you just watch the video.

You have received, by now, notification of the insurance meeting. Frankly, I'd like to finish this as soon as possible, as I truly hate anything that is splitting our club.

## Flight Rx by Dr. Pam Tarkington

Charles Lindbergh: Kidney Transplantation Pioneer

No, Charles Lindbergh did not have Chronic Kidney Disease but he was a pioneer in transplant treatment - more about this shortly.

In the United States, 13% of the general population have chronic kidney disease - that translates to 26 million persons. There has been a significant increase in chronic kidney disease due to a substantial increase in obesity, diabetes and hypertension. At the present time there are about 486,000 patients in our country on some type of dialysis. Only 17% of these patients are on the transplant list.

We are living longer, so the elderly have a greater risk of chronic kidney disease. This is why it is necessary to treat diabetes, hypertension and hypercholesterolemia. Most patients do not even know that they have chronic kidney disease. If you have chronic kidney disease, you are at a greater risk of heart disease.

You should make sure that your physician screens you for chronic kidney disease - although I am sure that if you have a regular physical examination that this is done. In all, chronic kidney disease is affecting patients all over the world.

Approximately 50 years ago, the first successful kidney transplant was done at Brigham and Women's Hospital in Boston. The kidney is the number one organ that is transplanted. All of the major abdominal organs are

now transplanted. The doctor who figured out how to transplant veins and arteries was Dr. Carrel and he won a Nobel Prize for his efforts.

Now, let's talk about Charles Lindbergh. All of you are aware of the Spirit of St. Louis' flight from New York City to Paris. Mr. Lindbergh was also a mechanical engineer. When his sister-in-law was diagnosed with heart disease, she needed heart surgery and he invented



the first perfusion pump. His ideas are still used today he invented and early by-pass machine with Dr. Carrel. He kept the kidney preserved while waiting for transplant. Perhaps this was even more important than that flight across the Atlantic.

In the United States there are 249 transplant centers - worldwide about 600.

Last year there were 17,000 kidney transplants. Cadaver donors are 60% and living donors are 40%. In this country, there is a law whereby, if a patient dies, the family is asked about organ donation: 80% say no. In other countries, there is a presumed donation.

If you have filled out an organ donation card on your driver's license and your family does not consent - your organs cannot be donated: tell your family about your wishes.

#### Treasurer's Report by Bob Herloski

At the October membership meeting I will be sharing the financial results for the first 9 months of 2008. Of concern is the fact that our net income so far is about \$14K less than budgeted. The reasons for this shortfall and possible implications for 2009 will be discussed.

I still occasionally get questions about "which amount on the bill do I pay?" and "why do I get two emails with different amounts?" For those who get billing information via email, they receive two emails each month. One email contains the monthly invoice, which summarizes the purchases made in the last month. On the invoice are two "amounts due": one is the invoice balance, and the other is effectively the net balance due. The second email is a monthly statement, which summarizes the net balance (+ or -) from last month, all charges and payments and credits during the current month, and gives the net balance due. When in doubt, "pay the statement, not the invoice".